

MT. GRAHAM SAFE HOUSE

NEWSLETTER

April-June 2019

Volume 26 issue 2

Wish list

Shampoo

Conditioner

Bleach

Laundry soap

Outside play set

Toilet paper

Paper towels

Craft supplies

School supplies

Dish soap

Pillows

Hand sanitizer

Bras, socks and underwear for adult and youth

From the Desk of Executive Director: Jeanette Aston

MGSB staff have just completed their 4th annual staff retreat, using facilities at Discovery Park and a location on Mt. Graham the staff took time away from the shelter to learn better coping skills and how to be happier no matter what is going on around you. Working with victims requires advocates to have these coping skills, to avoid burnout and to better assist those who are in crisis.

We have many staff who have been with the program over ten years, having a stable employee base helps keep this program strong. We could not do that without providing our front line advocates with the support and training they need at all times.

I would like to thank the MGSB staff who took time to participate in our retreat, who actively engaged with the trainers, who opened up about issues they are facing and who took critical feedback from those there to teach us. I would also like to give my appreciation to the staff who worked hard to put this program together and make it a success. One more thank you to the trainers who came to teach us, an especially big thank you to those who donated their time and space for this workshop.

Without our wonderful employees MGSB would just be a building. The advocates and our administrative staff make this program what it is, a wonderful support system that provides a safe space for victims to take control over their own lives.



Debbie Dorman: Housing and Hospitality Co-

My. Graham Safe House continues to assist families affected by domestic violence with housing and utilities assistance. Participants that qualify for this program have achieved goals that may have not been possible if not for this program.

Often times families leave behind their possessions including furniture like beds.

Please consider donating item specifically for the Rapid Rehousing and Transition in place program.

WE NEED VOLUNTEERS!

From Sherry's Corner

Greetings to Gila Valley and Greenlee County! Wow, summer is here. We were very busy this last quarter we had our annual golf tournament at the Greenlee Country Club in April and it was a huge success. Thanks to donations from many local businesses in both counties. MGSB held a Sexual Violence Awareness walk and an Empowerment picnic to recognize sexual violence awareness month, MGSB advocates attend various meetings with groups around the Valley and Greenlee county and there are yard sales held the first Thursday of every month weather and holiday permitting.

We would also like to thank our firefighters in Arizona, we are having a lot of fires right now around the state, some are very serious ones!! Please be very careful if you are in the areas that are evacuating. Two of these fires were started by humans, which is very sad. Thank you to our police force for always helping us out, you are appreciated!

There seems to be a lot of things going on for the kids this summer and we hope they will enjoy their vacations. Please remember that it shouldn't hurt to be a child, let them be young and carefree for the small amount of time they have to be that way.

Quote to live by; "The people who are crazy enough to think they can change the world are the ones that do." Apple



Thank you St. Rose of Lima Church for your donation! We truly appreciate our community for all of their help.

Pictured right to left is:

Megan Candelaria ; Vice Regent, Marlene Gersitz ; Member Amanda Salinas our Facilities Manager and Helen Romero; Regent

Felicia Padilla: Advocate Coordinator

LGBTQ INTIMATE PARTNER VIOLENCE

The CDC's 2010 national study found that lesbian, gay and bisexual people experience intimate partner and sexual violence at the same or higher rates as heterosexual people, although bisexual women experienced violence at overall higher rates:

- 44% of lesbian women and 61% of bisexual women (compared to 35% of heterosexual women) experienced rape, physical violence, and/or stalking by an intimate partner in their lifetime.

26% of gay men and 37% of bisexual men (compared to 29% of heterosexual men) experienced rape, physical violence, and/or stalking by an intimate partner in their lifetime. [CDC: NISVS 2010 Findings on Victimization by Sexual Orientation \(Released 2013\)](#)

In NCAVP's 2015 report, bisexual women and gay men reported intimate partner violence perpetrators as primarily male, while lesbians and bisexual men reported intimate partner violence perpetrators as primarily female.

- 43% of survivors identified as gay, 19% identified as lesbian, 16% identified as heterosexual, 10% identified as bisexual, and 9% identified as queer.
- 64% of survivors were between 19 and 39 years old.
- The most common types of violence reported were physical violence (20%), verbal harassment (18%), and threats and intimidation (13%).

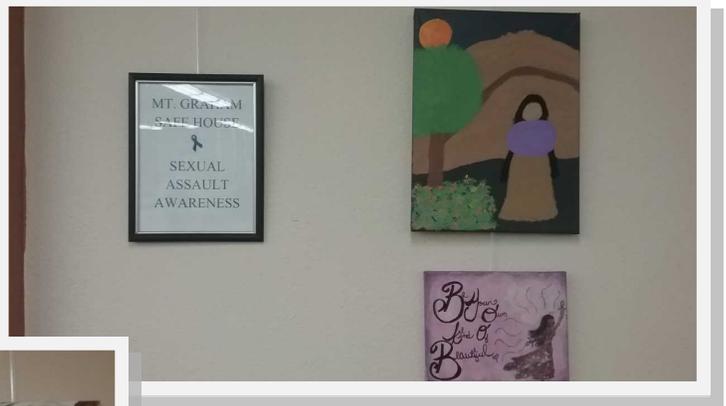
Survivors younger than 24 were three times more likely to report experiencing sexual violence than survivors 25 years old or older. [NCAVP: LGBTQ and HIV-Affected Intimate Partner Violence in 2015 \(Released 2016\)](#)

Abuse is physical, sexual, emotional, economic or psychological threats or actions that influence another person.

76.25%
of advocates report that immigrant survivors have concerns about contacting police

Sandy Garza-Sexual Violence Advocate

Mt. Graham Safe House had an art display at the Safford Public Library during the month of April. April is the month of sexual violence awareness. The display contained paintings that were painted by survivors of sexual violence. The paintings have different messages that include hope, inspiration, and assurance that you are not alone while you are going through these situations. Mt. Graham Safe House plans on having this display annually. If you would like to have a painting in this display next year, you may contact Sandy Garza at 928-348-9104.



If you or someone you know
needs help please use the follow-
ing ways to contact us:
Hotline Text 626-733-8431
<https://mylivechat.com>
<https://voice.google.com/>

2019 GOLF TOURNAMENT WAS A SUCCESS

Thanks to Mr. Tom Powers, Greenlee Country Club and all of the donors.





Thank you to everyone who participated!



A fun-filled day!



On the Green.

Recycle with us!

We accept the following items:

Used makeup containers

Plastic Solo cups

Old cell phones

Empty Ink Cartridges

Empty shampoo and conditioner bottles

Old toothbrushes

Empty toothpaste tubes

Empty dental floss containers

Cereal bags

Cereal box liners

Empty hand soap bottles

Any empty beauty or hygiene container

Old laptops

Empty laser cartridges

Any Febreze product container

Burt's Bee empties

Used Britta filters

Used razors

Used razor packaging

Empty razor cartridges

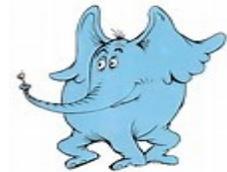
Mysti Gradijan – Children's Advocate

Summer is here and it has been busy! We are always looking for fun things to help keep the children here happy and entertained. In our groups we have been talking about setting boundaries and learning more about consent, working on our coping skills as always, and trying to implement daily affirmations into our lives. We are on the lookout for craft and school supplies, we will be gearing up for the school year before we know it! Anything is greatly appreciated.

"a person is a person no matter how small" Dr. Seuss



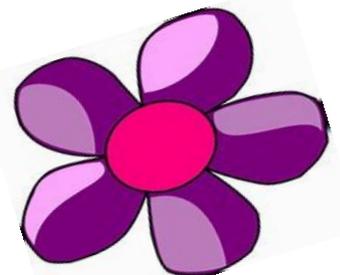
Left: Donation from Central organization



Right: Donation of books from Modern Woodmen



Ethel St. Hilaire retired this spring. She worked here at MGSB for six years and held several positions. She will be greatly missed.



Mt. Graham Safe House

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1-888-269-9104

1-928-348-9548

[Www.mtgrahamsh.org](http://www.mtgrahamsh.org)

Mt. Graham Safe House will provide compassionate, caring and confidential assistance to those impacted by domestic Violence

