



GRAHAM COUNTY
DEPARTMENT OF HEALTH AND HUMAN SERVICES

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FOR IMMEDIATE RELEASE

Wednesday, October 21st, 2020

Graham County, Arizona

Brian Douglas, Health Department Director

NEWS RELEASE

Increased COVID-19 Positive Test Results in Graham County

The Graham County Health Department is reporting an increase in positive COVID-19 cases throughout the Gila Valley.

We are strongly encouraging our residents to be more vigilant in wearing facial masks, to social distance, avoid large gatherings, stay home when sick, and get your flu shot. These mitigation efforts greatly reduce the risks of becoming ill or infecting others.

Evidence to-date indicates that children 18 and under experience a mild form of this illness similar to a cold. Those who have serious illness tend to be older adults and those with chronic health conditions.

The Health Department is advising that individuals who are sick with fever, shortness of breath and cough should contact their health care provider. Health care providers are in the best position to determine if an individual should be tested for COVID-19. Make sure you contact your health care provider ahead of time, if possible, to avoid exposing anyone in the waiting room.

General things that everyone should do to prevent the spread of all respiratory illnesses include:

- Wear facial masks.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular EPA registered household cleaning spray or wipes.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer.
- Find up to date information at [azhealth.gov/COVID-19](https://www.azhealth.gov/COVID-19).

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